

My Garden Salad

1 Head Lettuce
1 Green Pepper
2 Cucumbers

3 Stalks of Celery
1 Red Pepper
1 Small Red Onion

Cut head of lettuce in small pieces and place in Large Bowl. Cut the 2 cucumbers in small pieces and place in Large Bowl. Finely Chop Celery, Green Pepper, Red Pepper and Onion and place all in Large Bowl. Mix thoroughly and serve with favorite salad dressing.

Notes:

1. Select crisp, fresh greens with no bruised spots on leaves or streaks of brown near roots.
2. Wash thoroughly before using.
3. Tomatoes, carrot, or scallions can also be added.
4. Can top with favorite cheese, diced chicken, croutons, or bacon bits.